Fill out this form to receive upgrade. Expected response time: less than 24 hours.

Abundance Angel Form 888-444

First	What's disappointing you? Write down a situation, relationship, or outcome that disappoints you.
Then	Focus on the upgrade: Write down the most immediate upgrade. Start small. Go with it. What else is upgrading?
Next	Shut up. Focus on the upgrade. Write this on a post-it (s). Place it where you need to see it the most.
Last Even my upgrades have upgrades!	Let go of disappointment. Let in delight. Light a candle, which mails this form to the Heavenly. Upgrade Department. Expect results. Write them down, here.

Hale Ho'onani AME Fellowship

www.halehoonani.org